

## Home Ec School Service Projects

**Pinterest Board with Ideas and projects:** [www.pinterest.com/nicnakxo/he-school-service/](http://www.pinterest.com/nicnakxo/he-school-service/)

**Dress a Girl Around the World-** <https://www.dressagirlaroundtheworld.com/>

Dress a Girl Around the World is a Campaign under Hope 4 Women International (a 501 (c) 3 organization) bringing dignity to women around the world since 2006. Hope 4 Women International is a nondenominational independent Christian organization. Visit our website to learn more at Hope 4 Women International. We dream of a world in which every girl has at least one new dress. We want girls to know that they are worthy of respect, and that they are loved by God.

The organization likes to stuff the pockets of dresses with items that the girl might be able to use to accessorize, such as kerchiefs, bracelets, and headbands.

Kerchiefs:

<http://sewprettysewfree.blogspot.com/2012/06/babushkabandana-sewing-tutorial.html>

<https://straight-grain.com/2014/05/27/free-pattern-and-tutorial-baby-and-kids-bandana/>

<https://www.thesprucecrafts.com/free-kerchief-pattern-2977855>

Bracelets:

<https://www.pinterest.com/pin/658651514237088258/>

<https://www.instructables.com/id/How-to-make-cord-bracelets-with-beads-bead-jewelry/>

<https://www.youtube.com/watch?v=YujvDp5BJ78>

Headbands with old t-shirts:

[https://www.ehow.com/how\\_7845514\\_make-headbands-out-shirts.html](https://www.ehow.com/how_7845514_make-headbands-out-shirts.html)

<https://www.woojr.com/braided-t-shirt-headband-tutorial/>

<https://tipjunkie.com/easiest-diy-headbands/>

**Project Linus-** <https://www.projectlinus.org/>

Provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer “blanketeers.”

Crochet, Knit, Sew, or No-Sew Blankets: (Please note that the no sew fleece blankets are 1 single layer of fleece, not tying 2 layers together)

<https://www.projectlinus.org/patterns/>

**Alzheimer’s, Dementia, and Long Term Care Facilities-** Fine motor skills and sensory boards

I reached out to local long term care facilities that specialize in caring for Alzheimer and Dementia patients. They are in need of boards to help their patients practice fine motor skills. Their patients also enjoy sensory boards. I went to Home Depot and bought peg board, had it cut in 2’ x 2’ squares. The plan was to zip tie, bolt, and tie the zippers, buckles, bells, etc. to the boards. See some examples below. The biggest consideration is to make sure everything is sturdily mounted to the board.

If you’re a sewer, you can also look up “busy quilts or busy aprons” and you will see that you can make lap quilts or aprons instead of table top boards with the same motor skill function.

<http://theotmama.blogspot.com/2012/09/diy-sensory-board.html>

<https://www.youtube.com/watch?v=H2eQjrZfAYk>

Lap quilt: <https://www.youtube.com/watch?v=H2eQjrZfAYk>

**Animal Humane/Animal Shelter: dog and cat toys, snuffle mats, and blankets**

Shelters are almost always in need of toys and blankets for the animals. Please call your local shelter to make sure the toy you make is something they can use. For example, the shelters in Albuquerque can’t use the rope toys because the dogs need supervision with that toy. They can however pass the rope toy out to the new owner when a dog gets adopted.

Dog Toys:

<https://barkpost.com/life/3-dog-toys-you-can-make-from-things-around-the-house/>

Cat Toys:

<https://www.thesamanthashow.com/diy-cat-toys/>

<https://www.onecrazyhouse.com/easy-diy-cat-toys/>

<https://www.youtube.com/watch?v=vODIbIIQSI>

Snuffle Mats (Can use plastic bags, or old fabric scraps):

Plastic bag: <https://www.freekidscrafts.com/pet-snuffle-mat/>

Fabric scrap: <https://www.thehonestkitchen.com/blog/diy-make-your-dog-or-cat-a-snuffle-matt/>

Tie Blanket:

<https://comfortforcritters.org/easy-patterns>

## Supply list

- Knit fabric
- Hair ties
- Beads
- Stretchy bracelet string
- Embroidery floss
- Fleece
- Stars for make a wish (5-6 inches)
- Sharpies
- String/ribbon to hang stars
- Peg board
- Fidget things (whatever is cheap)
- Feathers
- Pipe Cleaners
- Paracord
- Pom poms
- Yarn
- Small dowels
- Bells
- Rings
- Small sink/bath mat with holes