

# Sarah Haynes, MS

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## EDUCATION

Bachelor of Arts in American Studies, University of New Mexico  
Concentration in Hispanic and Native American Cultural Studies, 2007  
Master of Science Health Education, University of New Mexico  
Concentration in Community Health Education, May 2013

## PROFESSIONAL EXPERIENCE

*Program Coordinator, Ideas for Cooking and Nutrition (ICAN), March 2015-Current*  
*NMSU College of Agriculture, Consumer and Environmental Sciences Bernalillo County Extension*

- Implement federally funded nutrition and lifestyle education programs to low-income populations
- Provide professional development in multiethnic approaches to engaging people in life skills education programs
- Train staff to teach adults and youth in consumerism skill and knowledge attainment
- Present and educate Bernalillo County stakeholders of community health nutrition program objectives
- Develop curriculum and programs that promote individual, family and community behavior changes
- Provide outreach to potential partners schools, food pantries, health councils and coalitions
- Develop content monthly for community wide access to resource management tools via website, Mass and social media
- Instruct food systems, culinary practices, financial literacy, group exercise and resource management
- Manage United States Department of Agriculture grant monies for free community education program
- Evaluate, track and report program impacts and outcomes
- Completed professional development courses for public administration

*Outreach and Development Coordinator, Food and Agriculture Research, September 2013 – 2015*  
*New Mexico Community Data Collaborative*

- Coordinate data management and assessment for New Mexico Food Environment and Education Data Warehouse Project (Project FEED)
- Establish the feasibility of food support system partnerships that contribute to long term New Mexico food systems project/s
- Collaborate with stakeholders to invested partners of food and distribution infrastructure gaps and barriers that affect New Mexico people and economy
- Design and create online maps, map galleries, and map applications in GIS format
- Instruct and train and work with organizations, stakeholders to use, explore and interpret data as a program planning tool
- Secure funding for program through grant proposals

*Personal Chef and Meal Preparation Educator, August 2011- May 2014*

*Self-Employed*

- Plan and prepare meals for clients with medical conditions directly attributed to diet such as food allergies (gluten-free, casein-free, nut-free) and diabetes, renal failure, various amino acid sensitivities
- Research cooking methods and recipe adaption for alternative and specialized diets
- Track and manage business budget
- Provide nutrition education to clients
- Supervise meal preparation staff
- Develop educational curriculum around gardening, nutrition and meal planning from pre-k to adult
- Administer health education curriculum to after school programs
- Maintenance and use of commercial kitchens requiring adherence to food safety protocol for clients with food allergies

*School Garden Director, April 2010-May 2014*

*Our Lady of the Assumption Catholic Church and School, Albuquerque, NM*

- Constructed garden for a school and neighboring community for afterschool program
- Develop age appropriate meal preparation activities
- Promote healthy eating and exercise
- Oversee student, staff and parent groups with garden and kitchen activities
- Manage budget from monetary donations and grant funding
- Plan garden programs adhering to academic schedule, growing seasons and age groups
- Develop tracking and evaluation spreadsheets and create marketing flyers and reports
- Compose grant proposals for program funding
- Prepare evaluation data reports for funding organizations

*Health Promotion Program Planner Intern, September 2012- June 2013*

*Department of Health, Exercise and Sports Sciences, College of Education, UNM*

- Collaborate with interdisciplinary team for funding diabetes education program in areas with concentrated poverty
- Create surveys, questionnaires for focus groups, key informants, and individuals
- Evaluate current diabetes intervention with team and stakeholders and suggest any changes
- Develop train-the-trainer diabetes education curriculum and program for community health workers (promotoras)
- Use community based participatory research approach

*Co-Instructor and Course Designer of Health Equity Impact Assessment Course, June and July 2013*

*Department of Health, Exercise and Sports Sciences, College of Education, UNM*

- Develop course with the objective of learning methods of health assessments in rural Hispanic and Native American Populations
- Guide students in self-reflection as health educators in several township and Pueblo and reservation communities

- Provide instruction on research methods with community-based participatory research orientation
- Establish community partnerships for site visits
- Assist students in understanding roles within community context and health impact assessments
- Guide students understanding of community health literacy, cultural relevancy, and environmental barriers when designing interventions

*Community Liaison/Course Evaluator January-May 2013*

*University of New Mexico Community and Regional Planning Program, School of Architecture and Planning*

- Provide evaluation data of new interdisciplinary pilot course in the Community and Regional Planning program
- Collect visual data and key informant data for use in course material
- Research relationships between disease outcomes and built environment
- Impart support and suggestions for International District Sector Development Plan and apply course outcomes
- Participate in research for International District Community Central Avenue Health Impact Assessment

*Temporary Program Coordinator, June 2012-September 2012*

*Family and Community Medicine, University of New Mexico, Albuquerque, NM*

- Managed contract deliverables between the New Mexico Geriatric Education Center and the Office of Veterans Affairs
- Provided support and communication between medical faculty and other constituents throughout the country
- Prepared and submitted time sensitive continuing education applications through various accrediting organizations
- Provided editing assistance to online instructional course aimed at interdisciplinary team training for geriatric clinicians and professionals
- Created record system for accrediting organization reports

*Senior Academic Advisor, June 2007-June 2010*

*University of New Mexico, College of Education, Albuquerque, NM*

- Advised diverse student body in higher education setting in nutrition, health education and teacher education programs
- Implemented plans and programs for students with different needs
- Provided and tracked data of student population and attributes to College of Education Reports
- Navigated university health resources for student use
- Supervised administrative assistant and student staff
- Instruct undergraduate students life skills, scholarship application and attainment, using university course work for UNM College of Education programs.

*Graphics Design and Archivist Intern, January 2007-May 2007*

*New Mexico Office of the Historian*

- Designed and updated historic documents into digital format for website
- Created brochures for academic internships and fellowships
- Provided assistance to patrons of state library archives

*Graphic Designer/Indexer, November 2005-May 2007*

*UNM Political Science Department*

- Designed statistical tables and graphics in political science publications
- Created Index for other editions of scholarly work
- Communicated with editor of errors or layout functions

## SERVICE EXPERIENCE

### Current Community

- South Valley Early Childhood Group, Albuquerque, NM
- Peanut Butter and Jelly Family Services Health Advisory Group, Albuquerque, NM
- Roadrunner Food Bank Health Advisory Committee, Albuquerque, NM
- Bernalillo County Healthy Here Team, Albuquerque, NM
- Serve on Growing Health and Justice: A School and Community Collaborative Committee, Albuquerque, New Mexico

### 2016

- Serve on Bernalillo County Healthy Here Team, Albuquerque, NM
- Serve on the Roadrunner Food Bank Health Advisory Committee, Albuquerque, NM
- Serve on Growing Health and Justice: A School and Community Collaborative Committee, Albuquerque, New Mexico
- Served on advisory committee for The Storehouse to develop curriculum for clients, Albuquerque, New Mexico
- Served as board member in Bernalillo County Health Council, Albuquerque, NM

### 2015

- Served as chair in Highland High School Parent, Teacher, Student Association, Albuquerque, New Mexico
- Served as parent and community liaison in Highland High School Health Advisory Council, Albuquerque, New Mexico
- Served in South Valley Early Childhood Advisory Council Data Committee, Albuquerque, New Mexico
- Served in Mission Graduate: Launch to Learn Summer Program Planning Committee, Albuquerque, New Mexico

- Served as member for International District Healthy Communities Coalition, Albuquerque, New Mexico

2014

- Vice-President, Our Lady of the Assumption School Consultative Council, Albuquerque, NM

2013

- Vice-President College of Education Graduate and Professional Students Association

State

2016

- Serve on 2016 New Mexico Hunger Summit Planning Committee, Santa Fe, New Mexico
- Serve as Geographical Information Systems (GIS) administrator to New Mexico Department of Health, New Mexico Community Data Collaborative
- Serve on Double Up Food Bucks stakeholders committee, Albuquerque, New Mexico

2015

- Served as member in New Mexico Agriculture, Food and Policy Council, New Mexico
- Served as member in New Mexico Public Health Association, Albuquerque, New Mexico

National

2017

- Served as panelist in University of Tennessee Regional Nutrition Education and Obesity Prevention Centers of Excellence, Developing a Curriculum Workshop, Atlanta, Georgia

#### PRESENTATIONS:

August 2016: Bernalillo County Open Space Backyard Farming Series, Weeds of the West. New Mexico Weeds: Much more Than a Nuisance, Bernalillo County Hubbell House Open Space

June 2016: Recruiting 101: Engaging Communities in Consumer and Nutrition Education

March 2016 New Mexico Farmers Marketing Association Manager Conference, "ICAN at the Farmers' Markets" presentation, Albuquerque, (Invited Speaker)

September 2015: Ideas for Cooking and Nutrition, How SNAP-ed Can Help Combat Hunger, 2015 Hunger Summit

May 2015: Ideas for Cooking and Nutrition in Bernalillo County for Food Distribution Pantries, Roadrunner Food Bank SEED Conference

February 2015: Keynote “Project FEED: Nourishing a resilient food system in southwest Colorado,” Growing Partners of Southwest Colorado Homegrown Food Retreat Conference, Fort Lewis College and Colorado State Extension.

November 2014: Co-Author, “The New Mexico Food Atlas: Development of a food system data warehouse and mapping service,” Agri-science Education for the 21st Century Conference, Florida International University

April 2014: Co-Author “Healthy Weight Assessment Project in Albuquerque Public Schools Using New Mexico Community Data Collaborative Interactive Maps and GIS Data.” New Mexico Public Health Association Conference Session

April 2013: “Those Who Own the Food, Own the Power: Why We All Have Food Insecurity and What We Can Do About it.” UNM Health Education Consumer Science Seminar

April 2013: “Designing a Healthy Community: A Photo Voice Presentation of the International District.” UNM Architecture and Planning Forum

March 2013 “Lobo Food Survey: Results from a Community-Based Participatory Research Approach to food availability at UNM South Campus” 2013 College of Education Research Colloquium

March 2013 “How Does the Built Environment Affect Health Outcomes in the International District?” UNM Architecture and Planning Panel

December 2012 “LEADucation: Environmental Education Fair to Prevent Lead Poisoning in Children Residing in the Mountain View Community.” Mountain View Community Center Meeting

May 2012 “Satellite: Using the Social Ecological Model to Design a Mobile Grocery in Rural Areas.” Health Behavior Theory Seminar

December 2011 “Lights, Camera, Eat!: Implementing a Multigenerational Televised Cooking and Learning Contest to Curb Adolescent Latina Obesity.” Multicultural Health Education Seminar

#### RESEARCH:

Fall 2014 : La Montañita and New Mexico Community Data Collaborative Food shed Data Warehouse Project: Impact on New Mexico economy, food security, and sustainable agriculture systems

Fall 2013: OLA Sprouts: Education and Health Outcomes in School based and Community Gardening and Meal preparation: A Case Study

Fall 2013: Education = Health Pilot Study in Bernalillo County

Spring 2013: Controle la Diabetes de por Vida: A Community-Based Participatory Diabetes Education Research with Casa de Salud in the South Valley using Promotoras Latino Health Workers and Community Gardens

Spring 2013: Built Environment and Public Health: Meta-Analysis of Interdisciplinary Courses/Programs that combine Social Ecological Frameworks, Health Equity Impact Assessments, and Urban Planning and Design.

Fall 2012: Lobo Market: Community Based Participatory Research of Food Availability Plans on UNM South Campus

Fall 2011: Obesity Prevention Strategies and Mental Health Outcomes using Popular Film and Television Series: A Review of the Literature

#### PUBLICATIONS AND MEDIA

March 2017 *KRQE New Mexico Living*: In the Kitchen with ICAN. Aired March 27, 2017.

<http://krqe.com/2017/01/27/helping-hands-rio-grande-food-project-and-ican/>

January 2017: *KRQE New Mexico Living* Helping Hands with Rio Grande Food Project. Aired January 27, 2017. <http://krqe.com/2017/01/27/helping-hands-rio-grande-food-project-and-ican/>

Summer 2016: Sarah Wentzel-Fisher: Mapping Local Food Systems Food Environment Education and Data Warehouse Project (Project FEED). <https://issuu.com/ediblesantafe/docs/edible-latesummer2016>

#### GRANTS:

March 2015: McCune Charitable Foundation Co-Author: Community Cooperative Readiness for International District, (funded) \$10,000

December 2014: Thornburg Foundation, PI. Develop and maintain a New Mexico food system data warehouse and mapping service. (Funded) \$67,000

November 2014: Promise Zone Designation, Organizational Co-Author

October 2014: McCune Charitable Foundation, Organizational Co-Author: Increasing New Mexico's locally sourced food: surveys of small and medium-sized farmer goals and obstacles (in progress \$25,000)

September 2014: Centers for Disease Control and Prevention, Organizational Co-Author: Racial and Ethnic Approaches to Community Health (REACH) Grant (Funded) \$2.9 million

June 2014: La Montanita Cooperative Food Shed data Warehouse Grant (Funded) \$6500

November 2013: Interactive Intelligence Foundation: Harrison Middle School Gifted Seminar Program (Not Funded) \$9,027

March 2013: University of New Mexico College of Education Research Grant: A pilot program with health clinic train the trainer diabetes education program (Funded) \$30,000

January 2013: Environmental Protection Agency Small Grants Program for providing a lead poisoning education program for the Mountain View Community in Bernalillo County. (Not Funded) \$29,000

September 2012: The New Mexico Catholic Foundation: OLA Sprouts Garden Program Seed Money (Funded) \$5000

Spring 2011: Cooking for Kids in Middle School: Program to fund small scale cooking program for middle and high school youth. (Not Funded) \$210,000

#### AWARDS AND RECOGNITION

Maintain graduate level courses with a 3.81 GPA

Nominated for Clave Senior Award in 2007

Department of American Studies Best Thesis Award in 2007

Character Counts Award in 2012, Archdiocese of Santa Fe

Passed Health Education Comprehensive Exam with Distinction, 2013