

DIABETES ON-LINE

About.com

<http://diabetes.about.com>

American Association of Diabetes Educators

www.diabeteseducator.org click on find a Diabetes Educator

American Diabetes Association

www.diabetes.org

<http://store.diabetes.org> order cookbooks and other diabetes related books

American Dietetics Association

www.eatright.org

American Heart Association

[http:// www.americanheart.org](http://www.americanheart.org)

[http:// www.deliciousdecisions.org](http://www.deliciousdecisions.org)

CDC Diabetes Home Page

www.cdc.gov/diabetes

Children with Diabetes

www.childrenwithdiabetes.com

Diabetes Directory

www.mendoza.com/diabetes.htm

Diabetes Gourmet Magazine

www.diabeticgourmet.com

Diabetes Health

www.diabeteshealth.com

Diabetes Monitor

www.diabetesmonitor.com/

Diabetes Self-Management Magazine

www.diabetes-self-mgmt.com

Intelihealth (Harvard Medical School's consumer health information)

www.intelihealth.com

Joslin Diabetes Center

www.joslin.org

Mayo Health Oasis

[http:// www.mayohealth.org](http://www.mayohealth.org)

My Calorie Counter (free online diet and exercise journal that allows you to track your nutrient intake and find the calories you burn during exercise)

www.my-calorie-counter.com

National Diabetes Education Program

www.ndep.nih.gov/

National Institute of Diabetes and Digestive and Kidney Diseases

<http://diabetes.niddk.nih.gov/>

National Eye Institute

www.nei.nih.gov/

National Women's Health Resource Center

www.healthywomen.org

New Mexico Diabetes Prevention and Control Program

www.diabetesnm.org

www.diabetesnm.org/programs/kitchen_creations_schedule.htm

Spark People (calorie counter and exercise tracker, answers from dietitians and trainers on message boards)

www.sparkpeople.com

Spark Recipes (recipes and a recipe calculator)

www.SparkRecipes.com

Spark Teens (designed for 13-17 year olds)

www.SparkTeens.com